



***IN SESSION: WITH 2 S C***

**Since spring is** often associated with the dual themes of renewal and growth, I thought I would devote this newsletter to topics that match the season. Did you know that the counseling field has grown by leaps and bounds over the past three decades? The American Counseling Association (ACA) states that "counselors are a vital member of the cadre of professional human service providers working alongside psychologists, psychiatrists, social workers, and other helping professionals. More than 600,000 professional counselors are working in educational (schools and colleges), mental health, community agency, private practice and related human service settings across the nation." And so we are proud to join the ACA in celebrating Counseling Awareness Month April.

**Speaking of growth,** 2SC recently acquired new space for what many of you have come to know as our *Water Colors Lounge*. The new office is located directly across from the old one. In this room, clients are treated to a very large room with renovated space. "Water Colors" is replete with brand new furniture, including a genuine brown leather couch. Additionally, natural light permeates the room through a series of expansive windows ... something that was missing from the old room. If you meet with your counselor in this room, we are confident that you will find the space warm, welcoming and inviting.

**At 2SC, we** firmly believe that one of the strongest wellness activities an individual or couple can engage in is counseling. Our helping professionals take personal pride in assisting clients work through various life challenges while identifying the barriers that keep them from living to their full potential. Part of this commitment means offering unique counseling programs, such as "Gate 14", 2SC'S personalized solution to premarital counseling. You can learn more about Gate 14 by visiting our corporate website at [www.mychicagotherapist.com](http://www.mychicagotherapist.com) and clicking on the " Scene 2SC". There you will find a podcast that you can download to your favorite MP3 player.

**Finally, we will** continue to collect contributions by way of the donation can atop the water tank in the Skylight Room. Thanks to your generosity, we were able to collect over \$30.00 in the first quarter of 2010 for the Lakeview Pantry, an organization that feeds individuals and families. Simply put, without the help of the pantry, some members of our community might not eat. Thank you so much for your help!

Have a great spring!